

# Proofpoint Essentials Security Awareness Training Modules

## A Unique, Effective Approach to Security Awareness for SMBs

### Key benefits

- Cater to all learning styles with interactive and game-based formats
- Stay focused with brief lessons that take only five to 15 minutes to complete, on average
- Train anytime, anywhere on any connected device with our mobile-responsive design
- Stay compliant as the interactive modules conform to the U.S. Section 508 standard and the Web Content Accessibility Guidelines (WCAG) 2.0 AA standard
- Train employees around the globe with engaging, professionally translated and localized content with region specific references as our modules are available in over 35 languages
- Minimize disruption to daily work routines with our flexible, on-demand format

Proofpoint Essentials Security Awareness Training Modules provide training based on research-proven Learning Science Principles. The modules help improve the effectiveness of cybersecurity education and are designed specifically for SMBs. It helps you deliver the right training to the right people at the right time.

Here is the list of our training module topics that help your people be more aware of cyber threats and thereby become a stronger line of defense:

### Training module topics

#### Securing your email—fundamentals

- Avoiding Dangerous Attachments
- Avoiding Dangerous Links
- Data Entry Phishing
- Email Security
- Introduction to Phishing
- Malware
- Precursor to Phishing
- URL Fundamentals

#### Securing your email—advanced

- Email Protection Tools
- Email Security on Mobile Devices
- Spear Phishing Threats

## Password protection

- Beyond Passwords
- Multi-Factor Authentication (MFA)
- Password Management
- Password Policy

## Insider threats

- Insider Threat Overview
- Malicious Insider Threat
- Unintentional Insider Threat

## People-centric security

- Mobile Device Security
- Physical Security
- Safe Social Networking
- Safer Web Browsing
- Security Beyond the Office
- Security Essentials
- Security Essentials for Executives
- Social Engineering
- USB Device Safety
- Workplace Security in Action

## Privacy

- GDPR Overview
- GDPR in Action
- PII Fundamentals
- PII in Action

## Security awareness videos

We offer a wide selection of awareness videos to reinforce your training initiatives. These are designed to make cybersecurity an ongoing topic of conversation with your users. By keeping security top of mind, you can help reduce your organization's risk.

- Introduction to Phishing
- Mobile Device Security
- Physical Security
- PII Fundamentals
- PII in Action
- Precursor to Phishing
- Safe Social Networking
- Safer Web Browsing
- Security Essentials for Executives
- Social Engineering
- URL Fundamentals
- USB Device Safety
- Workplace Security in Action

### LEARN MORE

For more information, visit [www.proofpoint.com/us/products/security-awareness-training](https://www.proofpoint.com/us/products/security-awareness-training).

#### ABOUT PROOFPOINT

Proofpoint, Inc. (NASDAQ: PFPT) is a leading cybersecurity company that protects organizations' greatest assets and biggest risks: their people. With an integrated suite of cloud-based solutions, Proofpoint helps companies around the world stop targeted threats, safeguard their data, and make their users more resilient against cyber attacks. Leading organizations of all sizes, including more than half of the Fortune 1000, rely on Proofpoint for people-centric security and compliance solutions that mitigate their most critical risks across email, the cloud, social media, and the web. More information is available at [www.proofpoint.com](https://www.proofpoint.com).

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